

Adult Basic Life Support (BLS) - Level 2

Course Content:

These sessions cover the syllabus outlined in the Skills for Health Framework.

- Recognise cardiorespiratory arrest and summon help
- Initiate and maintain **effective** chest compressions and lung ventilation
- How to use an Automated External Defibrillator
- Management of choking
- Know how to identify and initiate initial treatment for anaphylaxis
- Know how to apply the local Do Not Attempt Cardiopulmonary Resuscitation policy

Audience:

All staff with direct clinical care responsibilities. Staff are expected to have level two training for the patient group for which they have responsibility for.

For example - staff that only have responsibility for paediatric patients are only required to have level 2 paediatric basic life support.

Course Delivery:

Adult Basic Life Support (level 2) is a 1 hour blended learning session. Along with attendance to the 1 hour practical session, you must complete the '**000 Resuscitation Adult Level 2**' e-learning module on ESR or complete the workbook to achieve compliance with your mandatory training.

Course Lecturers:

Resuscitation Practitioners

Training Details:

Date	Time	Venue
16 th January	08:30-09:30	Resus Training Room
16 th January	10:00-11:00	Resus Training Room
16 th January	13:00-14:00	Resus Training Room
23 rd January	08:30-09:30	Resus Training Room
23 rd January	13:00-14:00	Resus Training Room
25 th January	08:30-09:30	Resus Training Room
25 th January	10:00-11:00	Resus Training Room
30 th January	08:30-09:30	Resus Training Room
30 th January	10:00-11:00	Resus Training Room
30 th January	13:00-14:00	Resus Training Room
2 nd February	08:30-09:30	Resus Training Room

2 nd February	10:00-11:00	Resus Training Room
2 nd February	13:00-14:00	Resus Training Room
13 th February	08:30-09:30	Resus Training Room
13 th February	10:00-11:00	Resus Training Room
13 th February	13:00-14:00	Resus Training Room
20 th February	08:30-09:30	Resus Training Room
20 th February	10:00-11:00	Resus Training Room
20 th February	13:00-14:00	Resus Training Room
27 th February	08:30-09:30	Resus Training Room
27 th February	10:00-11:00	Resus Training Room
27 th February	13:00-14:00	Resus Training Room
12 th March	08:30-09:30	Resus Training Room
12 th March	10:00-11:00	Resus Training Room
12 th March	13:00-14:00	Resus Training Room
19 th March	08:30-09:30	Resus Training Room
19 th March	10:00-11:00	Resus Training Room
19 th March	13:00-14:00	Resus Training Room
27 th March	08:30-09:30	Resus Training Room
27 th March	10:00-11:00	Resus Training Room
27 th March	13:00-14:00	Resus Training Room
2 nd April	08:30-09:30	Resus Training Room
2 nd April	10:00-11:00	Resus Training Room
2 nd April	13:00-14:00	Resus Training Room
16 th April	08:30-09:30	Resus Training Room
16 th April	10:00-11:00	Resus Training Room
16 th April	13:00-14:00	Resus Training Room
23 rd April	08:30-09:30	Resus Training Room
23 rd April	10:00-11:00	Resus Training Room
23 rd April	13:00-14:00	Resus Training Room
30 th April	08:30-09:30	Resus Training Room
30 th April	10:00-11:00	Resus Training Room
30 th April	13:00-14:00	Resus Training Room
14 th May	08:30-09:30	Resus Training Room
14 th May	10:00-11:00	Resus Training Room
14 th May	13:00-14:00	Resus Training Room
21 st May	08:30-09:30	Resus Training Room
21 st May	10:00-11:00	Resus Training Room
21 st May	13:00-14:00	Resus Training Room
28 th May	08:30-09:30	Resus Training Room
28 th May	10:00-11:00	Resus Training Room
28 th May	13:00-14:00	Resus Training Room
11 th June	08:30-09:30	Resus Training Room
11 th June	10:00-11:00	Resus Training Room
11 th June	13:00-14:00	Resus Training Room
18 th June	08:30-09:30	Resus Training Room
18 th June	10:00-11:00	Resus Training Room
18 th June	13:00-14:00	Resus Training Room

25 th June	08:30-09:30	Resus Training Room
25 th June	10:00-11:00	Resus Training Room
25 th June	13:00-14:00	Resus Training Room
9 th July	08:30-09:30	Resus Training Room
9 th July	10:00-11:00	Resus Training Room
9 th July	13:00-14:00	Resus Training Room
16 th July	08:30-09:30	Resus Training Room
16 th July	10:00-11:00	Resus Training Room
16 th July	13:00-14:00	Resus Training Room
23 rd July	08:30-09:30	Resus Training Room
23 rd July	10:00-11:00	Resus Training Room
23 rd July	13:00-14:00	Resus Training Room
30 th July	08:30-09:30	Resus Training Room
30 th July	10:00-11:00	Resus Training Room
30 th July	13:00-14:00	Resus Training Room
13 th August	08:30-09:30	Resus Training Room
13 th August	10:00-11:00	Resus Training Room
13 th August	13:00-14:00	Resus Training Room
20 th August	08:30-09:30	Resus Training Room
20 th August	10:00-11:00	Resus Training Room
20 th August	13:00-14:00	Resus Training Room
27 th August	08:30-09:30	Resus Training Room
27 th August	10:00-11:00	Resus Training Room
27 th August	13:00-14:00	Resus Training Room
10 th September	08:30-09:30	Resus Training Room
10 th September	10:00-11:00	Resus Training Room
10 th September	13:00-14:00	Resus Training Room
17 th September	08:30-09:30	Resus Training Room
17 th September	10:00-11:00	Resus Training Room
17 th September	13:00-14:00	Resus Training Room
22 nd October	08:30-09:30	Resus Training Room
22 nd October	10:00-11:00	Resus Training Room
22 nd October	13:00-14:00	Resus Training Room
29 th October	08:30-09:30	Resus Training Room
29 th October	10:00-11:00	Resus Training Room
29 th October	13:00-14:00	Resus Training Room
14 th November	08:30-09:30	Resus Training Room
14 th November	10:00-11:00	Resus Training Room
14 th November	13:00-14:00	Resus Training Room
19 th November	08:30-09:30	Resus Training Room
19 th November	10:00-11:00	Resus Training Room
10 th December	08:30-09:30	Resus Training Room
10 th December	10:00-11:00	Resus Training Room
10 th December	13:00-14:00	Resus Training Room
16 th December	13:00-14:00	Resus Training Room

To book yourself onto the course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk