



Moving and Handling Practical (Level 2)

Course Content

This course will cover aspects of patient handling in a Nursing/Healthcare environment, and will include a refresher of some of the following techniques:

Safe assisted transfers without handling aids

Safe assisted transfers with one or more of the following handling aids:

ReTurn 7500 / Sara Stedy

Safe in bed repositioning techniques using sliding sheets

Safe lateral transfers using transfer boards and transfer accessories

Safe hoist transfers

Target Audience

All staff in a patient contact role that are required as part of their role to assist with patient transfers.

(A separate session is provided for staff working in the maternity unit, titled Maternity Handling Skills)

Course Delivery

Face to face in the practical skills training room. Separate refresher training is also available through ward targeted training sessions, arranged jointly by the RESUS team and the Moving and Handling advisors.

Booking Instructions

To book yourself onto the course, please click [here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



| Date | Time | Venue |
|---|--------------------------------|---|
| Monday 19 th February 2024 | 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 20 th February 2024 | 09:30 – 11:30 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 27 th February 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Thursday 29 th February 2024 | 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Friday 1 st March 2024 | 09:30 – 11:30 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 12 th March 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Friday 15 th March 2024 | 09:30 – 11:30 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 19 th March 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Thursday 21 st March 2024 | 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 26 th March 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 2 nd April 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Tuesday 16 th April 2024 | 09:30 – 11:30 13:00 – 15:00 | Manual Handling Training Room, Cosmyns Berkley House |
| Thursday 18 th April 2024 | 09:30 – 11:30 | Manual Handling Training Room, Cosmyns Berkley House |

