



Conflict Resolution

Breakaway Techniques

Course Content

This course aims to provide practical, effective Conflict Management and Breakaway Techniques to Frontline NHS staff and professionals, whose work brings them into direct contact with members of the public during the course of their everyday duties who are either responsible or not for their behaviours. It provides them with safe, effective physical Breakaway Techniques based upon the level of threat posed in conflict situations that become physical when non-physical techniques break down.

Target Audience

Frontline NHS staff and professionals and anyone whose work brings them into direct contact with members of the public during the course of their everyday duties.

Course Delivery

Face to face in a classroom.

Pre-course Requirements

You should have completed the Conflict Resolution LEVEL 1 (National Syllabus) Course within the past 3 years.

Booking Instructions

To book yourself onto this course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site.

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



Date	Time	Venue
Wednesday 31st January 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Friday 23rd February 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Friday 15th March 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Friday 26th April 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Thursday 30th May 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Monday 24th June 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Tuesday 30th July 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Thursday 29th August 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Tuesday 22nd October 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Monday 18th November 2024	09:30 – 12:30 13:30 – 16:30	Seminar Room 5 Luton Site
Friday 13th December 2024	09:30 – 12:30 13:30 – 16:30	Fountain Suite