



# Coaching Skills

## Course Content:

This course aims to provide anyone with the responsibility of leading a team the skills to coach their team, to develop and nurture higher performing teams and work through problems, decisions and challenges such that ultimately, you achieve greater confidence and improved personal effectiveness.

## Target Audience

Managers/team leaders or anyone with responsibility of coaching a team

## Course Delivery

Face to Face

## Pre-course Requirements

Register with NHS Elect with trust email address

## Booking Instructions

Email [CPD@bedsft.nhs.uk](mailto:CPD@bedsft.nhs.uk) to register your interest.



Date	Time	Venue
<del>9<sup>th</sup> January 2024</del>	<del>09:00 – 15:00</del>	<del>Bedford Borough Hall – Rooms B&amp;C</del>
6 <sup>th</sup> February 2024	10:00 – 16:00	Luton – Comet Room 5
12 <sup>th</sup> March 2024	10:00 – 16:00	Bedford Borough Hall – Rooms A&B
9 <sup>th</sup> April 2024	10:00 – 16:00	Luton – Social Club