

Immediate Life Support (eILS)

Course Content:

This is a Resuscitation Council (UK) course aimed at healthcare professionals who may have to act as first responders and treat patients in cardiac arrest until the arrival of a cardiac arrest team. This course blends e-learning with face to face skills training.

Audience:

Registered healthcare professionals who would be expected to participate as part of the resuscitation team.

Course Delivery:

Blended learning session: e-learning and face to face skills training.

Prerequisites:

RC(UK) regulations state that candidates must have access to the course material at least 2 weeks before the course. This includes the **5th edition** ILS manual and given access to the e-ILS web app.

You can access the course on your mobile, tablet or PC. **It is advisable to log in early to ensure you can access the site.** You will receive an email from the Resuscitation Council advising you to log in to the LMS system, alternatively go to [Resuscitation Council UK: Log in to the site](#)

Course material may be collected from the ward/department manager or from training and development. If a member of staff already has a **5th edition** ILS manual they are not required to collect a new manual but they must confirm that they are in possession of an up to date copy.

Confirmation of having an up to date manual AND completion of the pre-course learning must be shown.

On the day of the course, managers may only send a substitute in place of staff booked for ILS if the above criteria has been met by the person attending.

Due to strict RCUK regulations 100% attendance is required to successfully complete the ILS course. Late attendees will be requested to re-book with training.

Course Lecturers:

Resuscitation Practitioners

Training Details:

Date	Time	Venue
8 th January	08:30 – 12:30	Resus Training Room
15 th January	08:30 – 12:30	Resus Training Room
29 th January	08:30 – 12:30	Resus Training Room
29 th January	13:00 – 17:00	Resus Training Room

5 th February	08:30 – 12:30	Resus Training Room
12 th February	08:30 – 12:30	Resus Training Room
26 th February	08:30 – 12:30	Resus Training Room
26 th February	13:00 – 17:00	Resus Training Room
11 th March	08:30 – 12:30	Resus Training Room
11 th March	13:00 – 17:00	Resus Training Room
18 th March	08:30 – 12:30	Resus Training Room
28 th March	08:30 – 12:30	Resus Training Room
28 th March	13:00 – 17:00	Resus Training Room
8 th April	08:30 – 12:30	Resus Training Room
8 th April	13:00 – 17:00	Resus Training Room
15 th April	08:30 – 12:30	Resus Training Room
29 th April	08:30 – 12:30	Resus Training Room
29 th April	13:00 – 17:00	Resus Training Room
13 th May	08:30 – 12:30	Resus Training Room
13 th May	13:00 – 17:00	Resus Training Room
24 th May	08:30 – 12:30	Resus Training Room
24 th May	13:00 – 17:00	Resus Training Room
3 rd June	08:30 – 12:30	Resus Training Room
3 rd June	13:00 – 17:00	Resus Training Room
10 th June	08:30 – 12:30	Resus Training Room
10 th June	13:00 – 17:00	Resus Training Room
17 th June	08:30 – 12:30	Resus Training Room
26 th June	08:30 – 12:30	Resus Training Room
26 th June	13:00 – 17:00	Resus Training Room
1 st July	08:30 – 12:30	Resus Training Room
1 st July	13:00 – 17:00	Resus Training Room
8 th July	08:30 – 12:30	Resus Training Room
8 th July	13:00 – 17:00	Resus Training Room
15 th July	08:30 – 12:30	Resus Training Room
22 nd July	08:30 – 12:30	Resus Training Room
5 th August	08:30 – 12:30	Resus Training Room
5 th August	13:00 – 17:00	Resus Training Room
12 th August	08:30 – 12:30	Resus Training Room
26 th August	08:30 – 12:30	Resus Training Room
26 th August	13:00 – 17:00	Resus Training Room
9 th September	08:30 – 12:30	Resus Training Room
9 th September	13:00 – 17:00	Resus Training Room
16 th September	08:30 – 12:30	Resus Training Room
30 th September	08:30 – 12:30	Resus Training Room
30 th September	13:00 – 17:00	Resus Training Room
28 th October	08:30 – 12:30	Resus Training Room
28 th October	13:00 – 17:00	Resus Training Room
4 th November	08:30 – 12:30	Resus Training Room
4 th November	13:00 – 17:00	Resus Training Room
18 th November	08:30 – 12:30	Resus Training Room
27 th November	08:30 – 12:30	Resus Training Room
27 th November	13:00 – 17:00	Resus Training Room

2nd December	08:30 – 12:30	Resus Training Room
2nd December	13:00 – 17:00	Resus Training Room
9th December	08:30 – 12:30	Resus Training Room
9th December	13:00 – 17:00	Resus Training Room
16th December	08:30 – 12:30	Resus Training Room

Booking Instructions

To book yourself onto the course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk