



Adult Basic Life Support - Level 2

Course Content

These sessions cover the syllabus outlined in the Skills for Health Framework.

- Recognise cardiorespiratory arrest and summon help
- Initiate and maintain **effective** chest compressions and lung ventilation
- How to use an Automated External Defibrillator
- Management of choking
- Know how to identify and initiate initial treatment for anaphylaxis
- Know how to apply the local Do Not Attempt Cardiopulmonary

Resuscitation policy

Target Audience

All staff with direct clinical care responsibilities. Staff are expected to have level two training for the patient group for which they have responsibility for.

For example - staff that only have responsibility for paediatric patients are only required to have level 2 paediatric basic life support.

Course Delivery

Adult Basic Life Support is a 1-hour classroom blended learning session

Pre-course Requirements

Along with attendance to the 1-hour practical session, you must complete the **'000 Resuscitation Adult Level 2'** e-learning module on ESR or complete the workbook to achieve compliance with your mandatory training.

Booking Instructions

To book yourself onto the course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



Date	Time	Venue
Tuesday 11 th April 2023	08:30-09:30	Resus Training Room
Tuesday 11 th April 2023	10:00-11:00	Resus Training Room
Tuesday 11 th April 2023	13:00-14:00	Resus Training Room
Tuesday 18 th April 2023	08:30-09:30	Resus Training Room
Tuesday 18 th April 2023	10:00-11:00	Resus Training Room
Tuesday 18 th April 2023	13:00-14:00	Resus Training Room
Tuesday 25 th April 2023	08:30-09:30	Resus Training Room
Tuesday 25 th April 2023	10:00-11:00	Resus Training Room
Tuesday 25 th April 2023	13:00-14:00	Resus Training Room
Tuesday 2 nd May 2023	08:30-09:30	Resus Training Room
Tuesday 2 nd May 2023	10:00-11:00	Resus Training Room
Tuesday 2 nd May 2023	13:00-14:00	Resus Training Room
Tuesday 16 th May 2023	08:30-09:30	Resus Training Room
Tuesday 16 th May 2023	10:00-11:00	Resus Training Room
Tuesday 16 th May 2023	13:00-14:00	Resus Training Room
Tuesday 23 rd May 2023	08:30-09:30	Resus Training Room
Tuesday 23 rd May 2023	10:00-11:00	Resus Training Room
Tuesday 23 rd May 2023	13:00-14:00	Resus Training Room
Tuesday 30 th May 2023	08:30-09:30	Resus Training Room



Date	Time	Venue
Tuesday 30 th May 2023	10:00-11:00	Resus Training Room
Tuesday 30 th May 2023	13:00-14:00	Resus Training Room
Tuesday 13 th June 2023	08:30-09:30	Resus Training Room
Tuesday 13 th June 2023	10:00-11:00	Resus Training Room
Tuesday 13 th June 2023	13:00-14:00	Resus Training Room
Tuesday 20 th June 2023	08:30-09:30	Resus Training Room
Tuesday 20 th June 2023	10:00-11:00	Resus Training Room
Tuesday 20 th June 2023	13:00-14:00	Resus Training Room
Tuesday 27 th June 2023	08:30-09:30	Resus Training Room
Tuesday 27 th June 2023	10:00-11:00	Resus Training Room
Tuesday 27 th June 2023	13:00-14:00	Resus Training Room
Tuesday 11 th July 2023	08:30-09:30	Resus Training Room
Tuesday 11 th July 2023	10:00-11:00	Resus Training Room
Tuesday 11 th July 2023	13:00-14:00	Resus Training Room
Tuesday 18 th July 2023	08:30-09:30	Resus Training Room
Tuesday 18 th July 2023	10:00-11:00	Resus Training Room
Tuesday 18 th July 2023	13:00-14:00	Resus Training Room
Tuesday 25 th July 2023	08:30-09:30	Resus Training Room
Tuesday 25 th July 2023	10:00-11:00	Resus Training Room
Tuesday 25 th July 2023	13:00-14:00	Resus Training Room
Tuesday 15 th August 2023	8:30-09:30	Resus Training Room



Date	Time	Venue
Tuesday 15 th August 2023	10:00-11:00	Resus Training Room
Tuesday 15 th August 2023	13:00-14:00	Resus Training Room
Tuesday 22 nd August 2023	08:30-09:30	Resus Training Room
Tuesday 22 nd August 2023	10:00-11:00	Resus Training Room
Tuesday 22 nd August 2023	13:00-14:00	Resus Training Room
Tuesday 29 th August 2023	08:30-09:30	Resus Training Room
Tuesday 29 th August 2023	10:00-11:00	Resus Training Room
Tuesday 29 th August 2023	13:00-14:00	Resus Training Room
Tuesday 12 th September 2023	08:30-09:30	Resus Training Room
Tuesday 12 th September 2023	10:00-11:00	Resus Training Room
Tuesday 12 th September 2023	13:00-14:00	Resus Training Room
Tuesday 19 th September 2023	08:30-09:30	Resus Training Room
Tuesday 19 th September 2023	10:00-11:00	Resus Training Room
Tuesday 19 th September 2023	13:00-14:00	Resus Training Room
Tuesday 26 th September 2023	08:30-09:30	Resus Training Room
Tuesday 26 th September 2023	10:00-11:00	Resus Training Room
Tuesday 26 th September 2023	13:00-14:00	Resus Training Room
Tuesday 10 th October 2023	08:30-09:30	Resus Training Room
Tuesday 10 th October 2023	10:00-11:00	Resus Training Room
Tuesday 10 th October 2023	13:00-14:00	Resus Training Room
Tuesday 31 st October 2023	0 :30-09:30	Resus Training Room



Date	Time	Venue
Tuesday 31 st October 2023	08:30-09:30	Resus Training Room
Tuesday 31 st October 2023	10:00-11:00	Resus Training Room
Tuesday 31 st October 2023	13:00-14:00	Resus Training Room
Tuesday 14 th November 2023	08:30-09:30	Resus Training Room
Tuesday 14 th November 2023	10:00-11:00	Resus Training Room
Tuesday 14 th November 2023	13:00-14:00	Resus Training Room
Tuesday 21 st November 2023	08:30-09:30	Resus Training Room
Tuesday 21 st November 2023	10:00-11:00	Resus Training Room
Tuesday 21 st November 2023	13:00-14:00	Resus Training Room
Tuesday 28 th November 2023	08:30-09:30	Resus Training Room
Tuesday 28 th November 2023	10:00-11:00	Resus Training Room
Tuesday 28 th November 2023	13:00-14:00	Resus Training Room
Tuesday 12 th December 2023	08:30-09:30	Resus Training Room
Tuesday 12 th December 2023	10:00-11:00	Resus Training Room
Tuesday 12 th December 2023	13:00-14:00	Resus Training Room
Tuesday 19 th December 2023	08:30-09:30	Resus Training Room
Tuesday 19 th December 2023	10:00-11:00	Resus Training Room
Tuesday 19 th December 2023	13:00-14:00	Resus Training Room