



Moving and Handling Practical (Level 2)

Course Content

This course will cover aspects of patient handling in a Nursing/Healthcare environment, and will include a refresher of some of the following techniques:

Safe assisted transfers without handling aids

Safe assisted transfers with one or more of the following handling aids:

ReTurn 7500 / Sara Stedy

Safe in bed repositioning techniques using sliding sheets

Safe lateral transfers using transfer boards and transfer accessories

Safe hoist transfers

Target Audience

All staff in a patient contact role that are required as part of their role to assist with patient transfers.

(A separate session is provided for staff working in the maternity unit, titled Maternity Handling Skills)

Course Delivery

Face to face in the practical skills training room. Separate refresher training is also available through ward targeted training sessions, arranged jointly by the RESUS team and the Moving and Handling advisors.

Booking Instructions

To book yourself onto the course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



Date	Time	Venue
21 st April 2023	09:00 – 11:00	Fountain Suite
	13:00 – 15:00	
24 th April 2023	09:00 – 11:00	Fountain Suite
	13:00 – 15:00	
2 nd May 2023	09:00 – 11:00	Fountain Suite
	13:00 – 15:00	
3 rd May 2023	09:00 – 11:00	Fountain Suite
5 th May 2023	13:00 – 15:00	Fountain Suite
15 th May 2023	09:00 – 11:00	Fountain Suite
22 nd May 2023	09:00 – 11:00	Fountain Suite
22 nd May 2023	13:00 – 15:00	Fountain Suite
30 th May 2023	09:00 – 11:00	Fountain Suite
30 th May 2023	09:00 – 11:00	Fountain Suite