



Immediate Life Support (eLS)

Course Content

This is a Resuscitation Council (UK) course aimed at healthcare professionals who may have to act as first responders and treat patients in cardiac arrest until the arrival of a cardiac arrest team. This course blends e-learning with face to face skills training

Target Audience

Registered healthcare professionals who would be expected to participate as part of the resuscitation

Course Delivery

Blended learning session: e-learning and face to face skills training

Pre-course Requirements

RC(UK) regulations state that candidates must have access to the course material at least 2 weeks before the course. This includes the **5th edition** ILS manual and given access to the e-ILS web app. You can access the course on your mobile, tablet or PC. **It is advisable to log in early to ensure you can access the site.** You will receive an email from the Resuscitation Council advising you to log in to the LMS system, alternatively go to Resuscitation Council UK: Log in to the site Course material may be collected from the ward/department manager or from training and development. If a member of staff already has a **5th edition** ILS manual they are not required to collect a new manual but they must confirm that they are in possession of an up to date copy. Confirmation of having an up to date manual AND completion of the pre-course learning must be shown. On the day of the course, managers may only send a substitute in place of staff booked for ILS if the above criteria has been met by the person attending



Due to strict RCUK regulations 100% attendance is required to successfully complete the ILS course. Late attendees will be requested to re-book with training.

Booking instructions

To book yourself onto the course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



Date	Time	Venue
Monday 5 th June 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 26 th June 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 3 rd July 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 10 th July 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 24 th July 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 7 th August 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 21 st August 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Friday 1 st September 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 11 th September 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 18 th September 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 9 th October 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room



Date	Time	Venue
Monday 30 th October 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 13 th November 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 27 th November 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room
Monday 11 th December 2023	08:30 – 12:30 13:00 – 17:00	Resus Training Room