



# Adult Basic Life Support

## Course Content

These sessions cover the syllabus outlined in the Skills for Health Framework.

- Recognise cardiorespiratory arrest and summon help
- Initiate and maintain effective chest compressions and lung ventilation
- How to use an Automated External Defibrillator
- Management of choking
- Know how to identify and initiate initial treatment for anaphylaxis
- Know how to apply the local Do Not Attempt Cardiopulmonary Resuscitation policy

## Target Audience

All staff with direct clinical care responsibilities.

## Course Delivery

These sessions will be delivered face to face in a classroom.

## Booking Instructions

There is no need to book onto these sessions, staff are welcome to just turn up.



Date	Time	Venue
4 <sup>th</sup> , 18 <sup>th</sup> January 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
1 <sup>st</sup> , 15 <sup>th</sup> February 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
28 <sup>th</sup> March 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
11 <sup>th</sup> April 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
9 <sup>th</sup> , 23 <sup>rd</sup> May 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
6 <sup>th</sup> , 20 <sup>th</sup> June 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
18 <sup>th</sup> July 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
15 <sup>th</sup> , 29 <sup>th</sup> August 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford



Date	Time	Venue
3 <sup>rd</sup> , 12 <sup>th</sup> September 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
1 <sup>st</sup> , 24 <sup>th</sup> October 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
5 <sup>th</sup> , 21 <sup>st</sup> November 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford
3 <sup>rd</sup> , 19 <sup>th</sup> December 2024	10:30 – 11:45 14:30 – 15:45	Lecture Theatre, Education Centre, Bedford