



Conflict Resolution

Breakaway Techniques

Course Content

This course aims to provide practical, effective Conflict Management and Breakaway Techniques to Frontline NHS staff and professionals, whose work brings them into direct contact with members of the public during the course of their everyday duties who are either responsible or not for their behaviours. It provides them with safe, effective physical Breakaway Techniques based upon the level of threat posed in conflict situations that become physical when non-physical techniques break down.

Target Audience

Frontline NHS staff and professionals and anyone whose work brings them into direct contact with members of the public during the course of their everyday duties.

Course Delivery

Face to face in a classroom.

Pre-course Requirements

You should have completed the Conflict Resolution LEVEL 1 (National Syllabus) Course within the past 3 years.

Booking Instructions

To book yourself onto this course, please [click here](#)

If you are unable to book on yourself, please contact your relevant site.

Luton – trainingbookings@ldh.nhs.uk

Bedford – educationcentrebookings@bedfordhospital.nhs.uk



| Date | Time | Venue |
|---|---------------|----------------------------------|
| Thursday 23 rd February 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 23 rd February 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |
| Thursday 2 nd March 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 2 nd March 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |
| Thursday 23 rd March 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 23 rd March 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |
| Thursday 6 th April 2023 | 09:30 – 12:30 | Nightingale Room, Raleigh Centre |
| Thursday 6 th April 2023 | 13:30 – 16:30 | Nightingale Room, Raleigh Centre |
| Thursday 20 th April 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 20 th April 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |
| Thursday 11 th May 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 11 th May 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |
| Thursday 25 th May 2023 | 09:30-12:30 | Nightingale Room, Raleigh Centre |
| Thursday 25 th May 2023 | 13:30-16:30 | Nightingale Room, Raleigh Centre |



| Date | Time | Venue |
|--|-------------|---|
| Thursday 8 th June 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 8 th June 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Thursday 22 nd June 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 22 nd June 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Thursday 13 th July 2023 | 09:30-12:30 | Training Room B Bedford Borough Hall |
| Thursday 13 th July 2023 | 13:30-16:30 | Training Room B Bedford Borough Hall |
| Thursday 27 th July 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 27 th July 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Thursday 10 th August 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 10 th August 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Friday 22 nd September 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Friday 22 nd September 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Friday 13 th October 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Friday 13 th October 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |



| Date | Time | Venue |
|---|-------------|---|
| Thursday 26 th October 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 26 th October 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Friday 24 th November 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Friday 24 th November 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |
| Friday 8 th December 2023 | 09:30-12:30 | Training Room B Bedford Borough Hall |
| Friday 8 th December 2023 | 13:30-16:30 | Training Room B Bedford Borough Hall |
| Thursday 14 th December 2023 | 09:30-12:30 | Training Room A & B Bedford Borough Hall |
| Thursday 14 th December 2023 | 13:30-16:30 | Training Room A & B Bedford Borough Hall |