



# Adult Basic Life Support

## Course Content

These sessions cover the syllabus outlined in the Skills for Health Framework.

- Recognise cardiorespiratory arrest and summon help
- Initiate and maintain effective chest compressions and lung ventilation
- How to use an Automated External Defibrillator
- Management of choking
- Know how to identify and initiate initial treatment for anaphylaxis
- Know how to apply the local Do Not Attempt Cardiopulmonary Resuscitation policy

## Target Audience

All staff with direct clinical care responsibilities.

## Course Delivery

These sessions will be delivered face to face in a classroom.

## Booking Instructions

There is no need to book onto these sessions, staff are welcome to just turn up.



Date	Time	Venue
Tuesday 10 <sup>th</sup> January 2023 Monday 23 <sup>rd</sup> January 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 14 <sup>th</sup> February 2023 Monday 27 <sup>th</sup> February 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 14 <sup>th</sup> March 2023 Monday 27 <sup>th</sup> March 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 11 <sup>th</sup> April 2023 Monday 24 <sup>th</sup> April 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 16 <sup>th</sup> May 2023 Tuesday 23 <sup>rd</sup> May 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 13 <sup>th</sup> June 2023 Tuesday 20 <sup>th</sup> June 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Tuesday 11 <sup>th</sup> July 2023 Thursday 20 <sup>th</sup> July 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Thursday 3 <sup>rd</sup> August 2023 Monday 21 <sup>st</sup> August 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford



Date	Time	Venue
Thursday 7 <sup>th</sup> September 2023 Monday 18 <sup>th</sup> September 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Thursday 12 <sup>th</sup> October 2023 Thursday 26 <sup>th</sup> October 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Thursday 9 <sup>th</sup> November 2023 Tuesday 28 <sup>th</sup> November 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford
Thursday 7 <sup>th</sup> December 2023 Tuesday 19 <sup>th</sup> December 2023	10:30 – 11:15 14:30 – 15:15	Lecture Theatre, Education Centre, Bedford